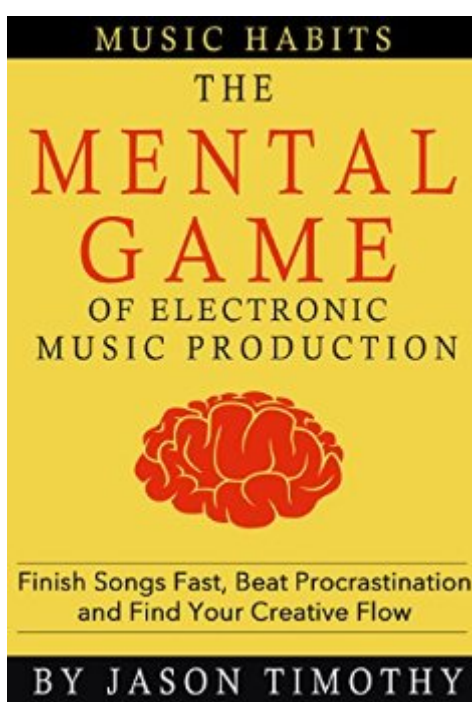


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# Music Habits - The Mental Game Of Electronic Music Production: Finish Songs Fast, Beat Procrastination And Find Your Creative Flow



## Synopsis

Music Production can be an elusive art form for many, and the challenges that face someone who is new to this can easily create overwhelm and lead to complete paralysis. The goal of this book, is to cover music production from many different angles in a way that will change your thinking on the subject and build your confidence. Music making is a very mental and psychological game, and more often than not, all the technical stuff can hold you back from achieving your goals if you don't have the right creative habits in place first. With all the information available with a simple Google search, I wanted to really get to the heart of things that aren't being discussed nearly enough. I want to clear out all the garbage you may have been told and replace it with the essentials you can put to immediate use. Many people new to music may dive into forums and mindlessly watch video tutorials attempting to gather more and more information until they think they have enough to get going (hint: you never feel like you know enough). That would be like reading a whole encyclopedia and then being asked to recall only the important things that will get you from point A to point B. Even worse, much of the information you get will contradict the last thing you read. It's like finding a needle in a haystack only to be told it's the wrong needle. There is a much better approach. It's an approach that doesn't require you to know a lot to get started. You only need to know enough to get to the next step in your process. There is truly nothing stopping you from becoming a music producer. The ones who are successful now are the ones who started from nothing and chipped away at it until they found a way to express their unique voice. There are no gatekeepers making decisions on who is worthy and who isn't. The determining factor is you, your habits and your confidence in yourself. This book can be read from start to finish, or as a choose your own adventure, going directly to what you think can help you most right now. Don't get caught up thinking you have to devour everything before getting started. That isn't necessary, and isn't the point of the book. The core concepts in the book will come up time & time again which should help you retain them & be able to recall them when the need arrives. By exploring these concepts from several angles you should gain a broad view of their many uses. My hope is that this book is used as a toolbox. You simply find the right tool that moves you forward and get back to work. So few people, who have more than enough information in their heads, ever start. Of those who do start, even fewer finish what they started and are satisfied with the results. I want you to be in that small group of finishers. Let's get started.

## Book Information

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## Customer Reviews

I've read a lot of music books. This ranks among the top as far as immediate impact. It changed my approach and thinking. I believe it will help me for years to come. In a single phrase, the book's message is "Just freaking write." The author argues that if you want to be a songwriter/producer the best thing you can do is... write songs! And write them often. He stresses making a habit out of writing and >finishing< songs. The more you do it the better you get at it. Seems like common sense. One other thing I want to mention is his advice on learning songwriting/producing techniques in electronic music. He suggests you keep your learning to bite size nuggets that can be used immediately. Don't overload your mind with information and then expect to remember 1000 pieces of knowledge when you sit down to write. Learn 1 thing, try it/use it. Again, good advice. Overall this is a winner if you're like me and struggle to be productive with songwriting.

I have been following Jason for a while on twitter and through his own website so was looking forward to this book coming out. I like the way he talks to you about his passion for music and the confidence he gives someone like myself who is a relative beginner. I haven't finished the book yet, I only got it this morning, but even within the introduction I was reading and thinking, This is me! I do

this! I make this mistake! There is so much good advice here, particularly someone who is either just starting out in production or has limited music theory knowledge (i am both) but the one thing that matters more is the way it gives you the confidence to just stop worrying and get stuck in. A comprehensive, well structured and fascinating read/reference tool

Buy this book and support this guy!! had not heard of Jason Timothy, but came across his name and intriguingly titled book when browsing the Kindle store, looking to find something to increase my productivity and focus for finishing songs. And let me tell you, this is it. This book contains all the elements I value in a book tutorial-type book: It's encouraging; it's terse and to-the-point; it's clear; and it's relevant and devoid of fluff. Additionally, I believe this book and its salient advice transcends genres. I myself do not write what would be considered techno or electronic music (notwithstanding all music is produced electronically, of course), but I found nearly every aspect of this volume directly applicable to my own pop-song, I guess you'd say, writing, especially since electronic/techo/dance music, etc., values hooks, climaxes, and subsidings so much -- elements I strive for very much too. Thank you for taking the time to write *The Mental Game of Electronic Music Production*, Jason Timothy. It's a real godsend... a now heavily annotated godsend I'm glad I found, and to which I'll often no doubt return.

Only read about 45 minutes of this book and it has motivated and given me enough tips to get started on music again and get out of my mental funk. Definitely recommend this book for anyone trying to make better use of their time with music and be more productive.

I've only dipped into my Kindle edition of this book & already I have experienced an improvement in my approach & my results using Ableton (& GarageBand). What Jason has done here is concentrate on the creative process & RESULTS! This is so different than the myriad of music production books out there that put all the attention of learning every nuance of a particular kind of software (which is usually out of date before the book's release anyway ;/With DAWs increasingly provide an overwhelm of myriad features It is worth noting that the creative process actually thrives within limitations & constraints rather than endless choices, options, plugins & techniques. But most importantly just dipping into this book has actually made me noticeably creative & productive. There is a saying in certain South American shamanic cultures that a medicine man coming back from higher realms with visions & powers is no use to the tribe unless it 'makes a better axe. Jason's book will help you keep your blade sharp so you can cut out the crap & get on with making music,

whether it's in a DAW loaded with thousands of plug-ins or a jaw's harp & an iPhone.

I wasn't sure what to expect from this book as I'm just a hobbyist. I've got to say that it offers lots of great advice, not just for a music producer, but for anyone with a creative hobby or part time business. Jason has very specific advice about getting out of ruts, or better yet, avoiding them in the first place. Definitely recommend.

OK, I have not finished the whole book yet but I already see that this book is chalk full of inspiration to get me up and making music again. Mr. Timothy has a lot of great ideas that I know are going to help me in my production growth. The book is written in a very fluid way and easy to read. He talks to the reader but never down to us. It's like he's just having a one on one conversation with me but he's not afraid to call me out on my B.S. I know this will be a book I will reference from time to time, so it's great that I can always have it with me on my phone. It's definitely not just a one time read and done. Now if I could only stop reading it I could work on some music! Haha. When I do I'll have a bunch of new tips and tricks to try out courtesy of Mr. Timothy.

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